

# Youth Take Charge Monthly Newsletter

terre des hommes
Help for Children in Need

MONTHLY ISSUE | Issue 06 | YOUTH TAKE CHARGE

## TRANSFORMATION INNOVATION HUB TAKES SHAPE

By: Barthelemy Mwanza- Tongogara Refugee Camp

The Tongogara Transformation Innovation Hub is taking shape with the selection process having begun in earnest. Prospective applicants attended the interview process held at Saint Michael Secondary school in Tongogara Refugee camp which consisted of some activities; river crossing and puzzle challenge where they were tested on teamwork, communication, carrying for others, perseverance, leadership, creativity, positive observations etc. 29 applicants showed up and took part in the interviews. The hub will support young people in discovering their inner abilities, skills and align their purpose to Sustainable Development Goals.

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Roadside dumping hazardous.

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#### Chief's Meeting

By:

The COVID 19 pandemic is wreaking havoc nationally and globally and changing people 's lives every day.

During the national Stay at home period, cases of Gender Based Violence and abuse of children went up in many communities. Many of these cases go unreported. In its sustainable environmental management programmes, Environment Africa promotes children's environmental rights, elimination of child marriages, reducing teenage pregnancy and all forms of gender-based violence. Children have been away from school for more than 2 months and as an organization we are concerned that some girl children may not go back to school after the pandemic due to forced child marriage. On Thursday 28 May 2020, we partnered the Ministry of Chiefs and Traditional Affairs and organized an urgent meeting with His Royal Highness Chief Liteta of Chibombo and Chisamba districts. The meeting was attended by more than 30 members of the Chief 's Advisory Council of Headman and women. The meeting which was held under the new normal observed strict social distancing, masking and hand washing. His Royal Highness Chief Liteta and his senior headmen and women made a commitment to be vigilant and report all cases of child marriages during these difficult COVID 19 pandemics.

#Allgirlchildrenmustgobacktoschoolafterthepandemic

### "Thoughts in Isolation"

Ngonidzaishe E. Chikandiwa

Insanity seems to be creeping in.

The same setting and scene, does me no good,

I feel the uncertainty of my existence daily



Environment Africa pose for a photo with Chief's

Anxiety stricken and depressed,

Wondering what tomorrow holds,

if ever the virus holding the world hostage, will seize.

My education on hold, when studies will resume, they don't know I'm told. How we will fair without Mama's job i know not.

The landlady wishes her pennies, but we hold none.

A food deficiency is creeping,

Acute Hunger as a family, we are reaping.

Another day going to bed with an empty stomach I'm dreading.

Uncertainty, Hallucinations,

Wash up on my shore,

From my sister afar a narrative of raw violence i receive.

My in-law expresses his rage in the physical.

She isn't the only female i feel for,

Sekai from next door wails, her extended family using her as robotic,

Heavy chore loads while her brother feasts on rest. Tones of hopelessness, and waves of stress hit endlessly.

In Isolation.





Children are exposed to the rubbish, amongst the rubbish of effect to them, are used condoms (visible almost everywhere), used diapers and other rotting stuff. It is a fundamental right for children to live in a clean environment but during the COVID-19 lockdown the right is being suppressed and a health crisis looms.

One of the roadside sites where residents are dumping household rubbish during lockdown.

#### Ngonidzashe Emmanuel Chikandiwa (CACLAZ CHIREDZI)

A random walk in Chiredzi during the lockdown period, reveals streets littered with rubbish. Streets across the town are littered with items discarded by households either unable or willing to dispose of them any other way. This has not only been a health hazard time bomb but a denial of the right to a clean environment, especially Environmental Child Rights.

Small dumps of litter are visible on roadsides and are becoming much of a health crisis, considering the sight of flies and smells of rotten organic matter. The town's backdrop bushes are even becoming massive dumpsites for quantity rubbish.

The pandemic has seen an increase in volumes of household rubbish and its illegal dumping on roadsides. The responsible authority has less personnel and rubbish collection trucks during these times, thus the accumulation of litter on roadsides and their failure to collect refuse, has resulted in illegal dumping.

The massive rubbish dumped is mostly of items discarded during house tidying sessions that have become almost a ritual amongst residents during lockdown, clearing out of unwanted possessions and perishables. The unhygienic environment might be a time bomb that could lead to a disease explosion. Diseases such as cholera and typhoid amongst many, that are aggravated by such an unhygienic climate.

Be SUPPORTIVE
Be CAREFUL
Be ALERT
Be KIND



For the latest health advice, go to: www.who.int/COVID-19





Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water. Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.



#### POSITIVE MENTAL ATTITUDE

The power of positivity has always proven a trigger for achieving great and remarkable things. Looking at the behavior of young stars of today, what closes opened doors is the "I can't do it mentality, I didn't know; this isn't for me." The power in word influences your thoughts, cripples the mind and burdens the heart.

Attitude attributes to the perception of a particular phenomenon that tends to be constructive or diminishing yet positivity simply refers to being having a right productive mentality, this entails changing or making meaning to the negatives that come by. One would wonder: how do you turn negatives into positives? Simply put, every decision which is subject to failure fails in the mind before execution, so changing possibilities of failure and anticipating a positive result constitutes as building towards a positive attitude.

Many a times the word mental has been linked to one who has had their brain affected in some way either through an accident or a traumatic event they witnessed or the worst-case scenario having the occurrence happening to that particular individual. This time around the word mental is broadened into the strength possessed by the mind in its day to day happenings regardless of its challenges it faces each passing day.

The brain is a powerful organ, when determination is planted in it, there is little that stops it from having the purpose fulfilled. It is the intensions that set the attitude in motion, when the attitude has started building up, the zeal to do well triggers in, and then one can say they learn quite a lot from them. The utmost mistakes one will ever make are that of falling and fail to get up. When you fall today, you will be bruised but the bruise will heal, get up when it still hurts, and find ways to coexist with the pain. At the end of the day, the pain will fade. Same goes to the way we should lead our lives. Never allow someone to tell you that this can be done by so and so and you are not that person. Take such insights positively, work on where you are lacking behind, and come back with better solutions and ideas that will show you are indeed worth giving a shot.

Life is never easy and definitely it won't be sweet. You know that which you are good at without a doubt. Get lessons for it, nurture that talent and it will bring big fruits to the table. A positive mental attitude to the talents we have goes a long way. Many successful people don't work hard because they are doing what they love and that which they are



Good at. For this reason, being the best at what one can be is always a pushing factor to always getting the best results.

The moment you identify your talent, get enough education on how to make it grow, you will start working smart than working hard.

During this Covid-19 pandemic, many jobs have been put on hold, many classes on standstill but the bills and foods will always demand money. It is that positive mental attitude that needs to be triggered. Thinking as if there is no box at all does wonders, focus on the ground within your homestead, tilt it, plant on it, and make profits from the produce. Use that gift for the greater good in such hard times. Some have fallen because of the COVID-19 mantra and might never rise, don't be found on that boat. Use the few connections you have, write blogs, engage with online courses, do podcasts on your favorite topic and things might be in motion for you post covid-19

No. Regularly washing your bare hands offers more protection against catching COVID-19 than wearing rubber gloves.

You can still pick up COVID-19 contamination on rubber gloves. If you then touch your face, the contamination goes from your glove to your face and can infect you.



#Coronavirus #COVID19

# Is wearing rubber gloves while out in public effective in preventing the new coronavirus infection?



9 March 2020

#### Be **SMART** & inform yourself about #coronavirus



Follow accurate public health advice from WHO & your local health authority



Follow the news on latest coronavirus updates



To avoid spreading rumors, always check the source you are getting information from



Don't spread rumors

Learn more to Be READY for #COVID19: www.who.int/COVID-19





Should you want to contribute to this newsletter

Share your articles on or before the 3<sup>rd</sup> of every month on our WhatsApp number

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